



Zentherapy®

„ZENTHERAPY® recognizes that from birth to death, life is flow of energy. This energy takes shape by our attitudes, our emotions, and our bodies. Zentherapy® releases the natural form of the body from the abberations caused by physical, chemical, psychological and spiritual traumas.

...ZENTHERAPY® IS A SYNTHESIS from Eastern and Western cultures. Many different methods and techniques are used to process the body; this includes the work of my teachers Ida Rolf, Moshe Feldenkrais, Lauren Berry and Raymond Nimmo. Tanouye Rotaishi's teachings are an underlying source of all Zentherapy® trainings.

...CONSCIOUSLY EXPERIENCING and using universal energy is what makes Zentherapy® unique. The Zazen training is basic to this work.“

IT IS THE GOAL OF ZENTHERAPY® for both the practitioner and the client to become as a child:
free of fear, hate, greed and pain.
Fully living each moment by moment.

William S. "Dub" Leigh

Dub`s



Zentherapy®

Introductory Training **ZEN BODYTHERAPY®**

with

Anselm Stahl

at

**Praxis für Zentherapy®
In Laufen**

14. - 16. October 2022

Registration form per mail to

Training registration Zen Bodytherapy®

Herewith I attend for the introductory training
14.10. – 16.10.2022 in Laufen obligatory / liable

Name

Street

ZIP / Town

Tel. Fax:

E-Mail

Date

Signature

Mit der Zulassung zum Training ist automatisch die Einwilligung verbunden, dass Eure persönlichen Daten in der Teilnehmerliste den anderen Teilnehmern bekanntgegeben werden.

Anselm Stahl
Lagerhausstr. 17a
D-83410 Laufen

Registration for
Zen Bodytherapy® Introductory Training

Teacher
Anselm Stahl
authorized teacher by
International Zentherapy® Institute Inc. (IZII),
Honolulu, USA .

Dates
Friday, 14.10. - Sunday, 16.10, 2022

Program

Fr.	13:00 Check-in 14:00 - 19:00 Training Zen Bodytherapy® and Zazen
Sa.	8:00 - 19:00 Training Zen Bodytherapy® and Zazen
Su.	8:00 - 17:00 Training Zen Bodytherapy® and Zazen End at 17:00

Seminar Place
Praxis für Zentherapy®

Lagerhausstr.17a
D-83410 Laufen

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<http://www.zentherapy.de> , www.kaishin.de

To bring to the training
1. Blanket, mattress cover for the table and towel.

2. **Clothing for Bodywork:**
Women: Bikini or 2-piece underwear (no bathing suit/ body)
Men: Briefs (no Boxershorts)

All: suitable light colored training clothes

3. **Clothing for Zazen**
Comfortable black pants, white T-shirt
During the training it is expected from all participants to be actively involved in the bodywork, both as practitioner and as client.

Payment
The training fee, 300,- € is payable in advance.
You will get the bank dates in time after your registration.

Registration, waiting list
For registration please use the registration coupon.
You will be notified if you can take part or are on a waiting list. (if more than 12 registrations).
The decision about participation will be made by IZII.

Registration deadline September 30. 2022
!!!

Concerning Corona situation:
A protection and hygienic concept is drawn up according to the legal situation applicable at the time of the training.

People with contact to covid-19 in the last 14 days before training begins or people with unspecific general symptoms or respiratory symptoms of any severity are excluded from participation.

International Zentherapy® Institute, Inc.

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Further Infos :
www.zentherapy.org
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www.zentherapy.de

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William S. „Dub“ Leigh / Audrey Nakamura

